

Why am I discouraged?
Why is my heart so sad?
I will put my **HOPE** in God!
I will **PRAISE HIM** again -
my Savior and my God!

PSALM 42:5-6A NLT



**WINNING THE WAR
IN YOUR MIND
WEEK 5**

WINNING THE WAR IN YOUR MIND

OUR THOUGHTS ARE POWERFUL

They change our perspective, impact our decisions, and influence our habits. But what do we do when we become trapped by our thoughts, unable to escape negative and unhealthy thinking?

Let's learn what it means to take our thoughts captive and win the war in our minds. God has something better for your life than your old ways of thinking. It's time to change your mind so God can change your life.

We encourage you and your families to join in conversation about this new series and grow together by learning how to win the battles we often find ourselves fighting in our minds!

THIS WEEK'S MEMORY VERSE:

Why am I discouraged? Why is my heart so sad? I will put my **HOPE** in God! I will **PRAISE HIM** again—my Savior and my God!

- Psalm 42: 5-6A (NLT)

WE'RE GLAD YOU'RE HERE!

Guests can exchange their tear-off at the Information Center in the Lobby for a special gift. Stop by with any questions you may have!

SIGN LANGUAGE INTERPRETATION

Available Sunday mornings @ 11 am

VIEW RECENT MESSAGES

At www.cornerstonelive.net,
On Demand page, Services.

FINANCIAL INFORMATION

Need Each Week:	\$73,000.00
Rec'd last Week:	\$69,165.98
Need to Date:	\$2,920,000.00
Rec'd to Date:	\$2,953,863.43
Mort Bal (as of 10/1)	\$464,197.12

SHARE YOUR STORY

How is God working in your life right now? Share about your faith in Jesus and the story He has given you by emailing us at changedlives@cornerstonelive.net.

CONNECT WITH US:



@cornerstone_connects



@cornerstoneministriespa



Cornerstone Ministries

NEW CHOICES

Finding a job is hard. Don't go it alone!

In just five FREE sessions, you will...

- Update or create a professional resume
- Learn job search strategies
- Develop interview skills
- Complete a personality and career interest assessment
- Receive interview coaching to discuss a career plan
- Find ways to manage anxiety during the job search process

DATES: Wednesdays October 27-Nov 1

TIME: 6:00-8:15

PLACE: Cornerstone Ministries

CLICK HERE to register now or call 724.733.0070 ext 217

NEW CHOICES

Finding a job is hard. Don't go it alone! Whether you are currently looking for a job or just preparing to return to work, now is the perfect time to be part of these 5 FREE sessions that cover resumes, job searching, interview skills and more. **Wednesdays, October 27 – December 1 from 6:00-8:15 pm @ Cornerstone.** To register, scan the Happening Now QR Code below or go to www.cornerstonelive.net/happening-now/

BABY DEDICATIONS

Our next Baby Dedication will be held on the weekend of **October 30 - 31**. Information and applications are available at the Info Center OR under the "Fun Events" tab at www.cornerstonekidslive.net (QR code below). Applications are due by **Sunday, October 10** to allow time for a meeting with a Pastor. Questions? Contact: Jenny Marsalese 724.733.0070 x 235 OR at jmarsalese@cornerstonelive.net



WATER BAPTISMS

Our next baptisms will be at the **Saturday night service on October 16, at 6 pm**. If you would like to be baptized, your *attendance is required* at one of the pre-baptism classes in the Fireside Chapel on October 9, at 7:30 pm, or October 10, at 10:30 am. Minimum age for baptism is 12. Please register by contacting Pastor Mark Thomas at 724.733.0070 x 217 or at mthomas@cornerstonelive.net.

MEMBERSHIP VOWS

If you've previously taken the Membership Class and want to officially join Cornerstone Ministries, we will be welcoming new members during the Vows Ceremony on **Saturday, October 23 at 6 p.m.** To register, scan the Happening Now QR Code below, or visit www.cornerstonelive.net/happening-now/



WELCOME TO CORNERSTONE MINISTRIES

Building Lives & Families on Lasting Values

Welcome, Friends! We are so glad to have you here with us today! It is our hope that at Cornerstone Ministries, you will find a friendly environment and experience meaningful worship and relevant messages that address the everyday concerns of life from a godly perspective. Please make yourself at home.



OCTOBER 9 & 10, 2021 VOLUNTEER OPPORTUNITIES



FALL FUN FEST VOLUNTEERS

Join C-Kids, as we host a "family fun" event at Cornerstone Ministries on **Friday, October 15**.

Sign-up for 4 – 6 p.m. or 7 -9 p.m. It's a great opportunity to "serve as a family & play as a family." Sign-up by going to our kid's website at www.cornerstonekidslive.net, Scan the QR code, or fill out the Connect Card below:

I would like to volunteer for set-up on	Registration_____
October 14 _____	Game_____
I would like to volunteer	Crafts_____
4-6 p.m. _____ or 7-9 p.m. _____	Inflatables_____

In addition to volunteering, here are two other ways you can help with the Fall Fun Fest: Donate fun sized candy or Sponsor a door prize. Questions? Contact Joanne Fitz at jfitz@cornerstonelive.net



SAFETY AND SECURITY

The Safety and Security Team is in need of a few volunteers to help keep the Main Church and

Warehouse safe for our congregants. The role is to monitor the entrances to the buildings looking for anything or anyone that appears unusual. Anyone with or without Act 235 clearances may volunteer. For more information or to sign up, please contact Kathi Labra 724.733.0070 x 275 or klabra@cornerstonelive.net

☐ Yes, I'd like to volunteer

QR CODES

Happening
Now



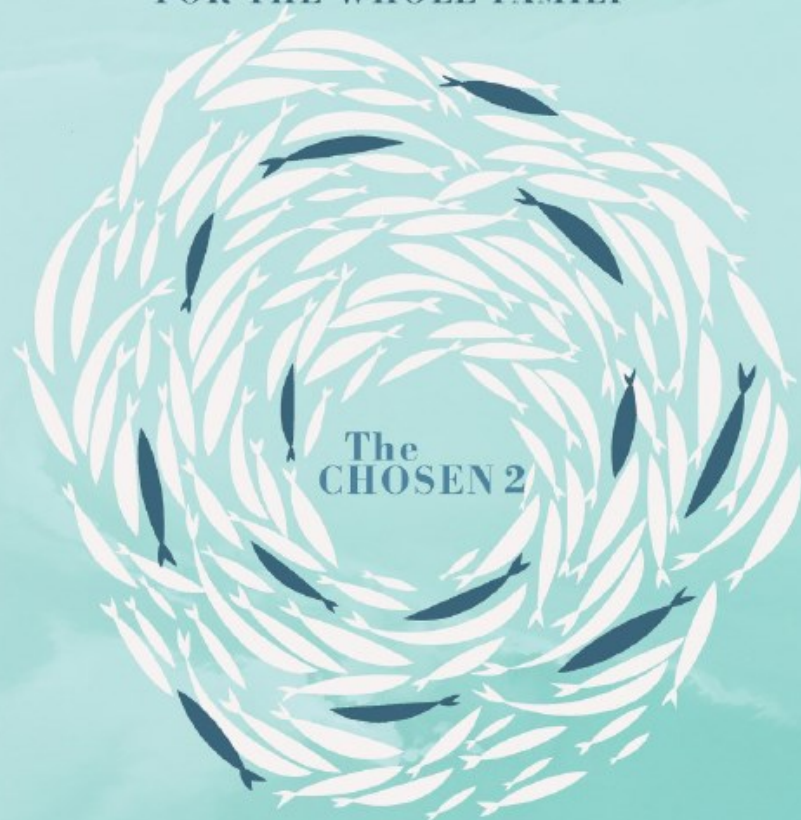
Baby
Dedications



Fall Fun Fest
(Volunteers)



**A SIX WEEK, ALL-CHURCH SERIES
FOR THE WHOLE FAMILY**



AGAINST THE CURRENT

Oct. 16th - Nov. 21st

Saturdays @ 6pm & Sundays @ 9 & 11am

Dr. Donn S. Chapman, Senior Pastor

AGAINST THE CURRENT

Join us on October 16 & 17 as we begin our second All-Church series, Against The Current, based on Season 2 of Dallas Jenkin's The Chosen! In this series, we will be diving into the adventure with Jesus and His disciples as they wrestle with disruption, rescue, and what it means to have a relationship with their Savior and others who might not be like them. Our adults, students, and children will all be learning the same message themes throughout this series. We encourage you and your families to join in conversation about this new series and grow together!

THE CHOSEN VIEWING PARTIES

This is a great series to purchase a Season 2 DVD and host a Chosen Party with family and friends in your home. DVDs are on sale this weekend in the Lobby after services for \$20. Discussion questions for each episode are available each week for those interested in hosting a party. For more information, contact Pastor Mark Thomas at mthomas@cornerstonelive.net.

**THE
CHOSEN 2**



The Ultimate Fall Party
for kids age 5 - grade 5.

FREE
EVENT

FALL FUN FEST

FRIDAY
OCT
15
2021

4-6PM & 7-9PM
At Cornerstone Ministries

Register Online At
CornerstoneKidsLive.net

Inflatables, Balloon Art,
Carnival Games, Crafts,
Petting Zoo & Caricature Artist!

Scan to
register:



FOOD
TRUCKS



Food Trucks
will be
offering a
variety of
delicious
choices
for dinner
& dessert!

Registration is encouraged by October 10 Walk-Ins Welcome!

REJOICE

Series: Winning the War in Your Mind

Week: 5

October 9 & 10, 2021

MEMORY VERSE:

*Why am I discouraged? Why is my heart so sad? I will put my hope in God!
I will praise him again—my Savior and my God!*
(Psalm 42:5-6a NLT)

I. Most of life's battles are _____ or _____ in our mind.

- Philippians 4:6-8

II. Buzz Word: Anxiety

- _____ is responsible for our emotions and our survival instincts.

- _____ is the logical part of our brain.

III. The Amygdala in Action

- 1 Kings 19:4

- "Amygdala Hijack: The amygdala has an immediate, emotional, and overwhelming response, and is often a disproportionately _____ reaction."
Daniel Goleman, *Emotional Intelligence*

- Rejoice in the Lord always, I will say it again: Rejoice! Let your gentleness be evident to all.

The Lord is _____. Philippians 4:4-5 NIV

- 1 Kings 19:11-12

IV. The God Box

- List any worries, burdens, temptations, etc. and put them in the God Box.

- If it's big enough to _____ about, it's big enough to _____ about.

If it's on your _____, it's on God's _____. - Craig Groeschel

- Acts 16:22-26

V. 3 Take-a-ways from Paul and Silas:

1. Praised God for the _____, not the _____.

2. Praised God _____. He provided anything.

3. Praised God and _____. He showed up.

Cornerstone Ministries ~ 2200 Cornerstone Lane ~ Murrysville, PA 15632 ~ 724.733.0070

Today's Speaker: JD Lowry, Student Ministries Pastor

All scriptures, unless otherwise noted, are English Standard Version (ESV).

Messages can be watched online at www.cornerstonelive.net.