

# **VERTICAL CAMP 2020**

WHO: ALL 6TH - 12TH GRADE STUDENTS

### WHEN: AUGUST 2ND - 7TH (SUNDAY- FRIDAY)

Student drop-off is on Sunday, August 2nd between 2:30-3:00pm at the main church parking lot. Buses depart for Camp Allegheny at 3:30pm. Student pick-up is on Friday, August 7th at about 12:15 pm at the main church parking lot. Parents with students who have medications should drop-off and pick-up those medications with our on-call nurse.

### WHERE: CAMP ALLEGHENY, 100 Camp Allegheny Drive, Stoystown, PA

See the page titled, "The Camp Allegheny Experience" for more information about Camp Allegheny.

### **HOW MUCH:**

\$329/ CORNERSTONE STUDENT

**\$279**/ MULTI-SIBLING DISCOUNT (See FAQ's for details)

\$165/ CORNERSTONE STUDENT BRINGING A

STUDENT WHO'S NEVER BEEN TO A WAREHOUSE EVENT

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As a special incentive, we have a huge "bring a friend" discount! Any Cornerstone student who brings a friend who hasn't checked-in at The Warehouse since May 2019 will cut the price of camp in half for both themselves and their friend! So, both students get to go to Vertical Camp for just \$165.

**HOW TO REGISTER FOR VERTICAL CAMP:** Registration & Camp Details Are Available Online @www.cornerstonelive.net/happeningnow

### **OUR COVID 19 PLAN**

Due to the Covid-19 Pandemic we will be moving Vertical Camp from our originally scheduled dates of June 14-19, to August 2-7. At this time, we are fully preparing to have an incredible year of camp as usual, but just on our new date. In the event that a student registers for Vertical Camp, but it winds up being forced to be canceled due to Covid-19, then that student will receive a full refund, minus the cost of their Warehouse t-shirt, which will still be printed for them and available for pick-up.

#### **INCLUDED IN THE PRICE:**

Everything the student needs including: Bus transportation to/from Cornerstone Ministries, all meals (breakfast, lunch, dinner, and late-night snacks), housing, and a camp shirt.

### NOT INCLUDED IN THE PRICE:

There are a few instances where students should bring additional money to Camp Allegheny. All instances are "add-ons" to the Vertical Camp experience and are not required for your student to gain the full camp experience. The add-on experiences are the (1) Camp Allegheny store with merchandise and snacks available for sale at designated times, (2) Horseback riding (\$25 and completed a "Horse Rental Agreement and Liability Release Form" by a parent), and a (3) River float (\$10) offered during an afternoon free-time with river conditions permitting.

#### **TEACHING FOCUS:**

Our theme for Vertical Camp 2020 is "The Beginner's Guide to Predicting Your Future". The idea behind our theme is answering these questions:

What if there was a way you could see many of life's problems coming before they got to you? What if you could avoid them all together?

Well during our week at Vertical Camp, you're going to see that there is a way. We're going to reveal one simple principle—taken from a 2,000-year-old parable—that will predict your future so you can change it before it's too late.

### **CAMP BAPTISMS:**

<u>Parents:</u> If your son/daughter is planning on getting Baptized at camp this year, please plan on joining us for the Baptism Service, Thursday, August 6th from 7:00-9:00pm.



# **WHAT TO EXPECT**

**ABOUT CAMP ALLEGHENY** – Camp Allegheny is 300 acres of forested woodlands atop the Allegheny Mountain on Route 30 in Somerset County, Pennsylvania.

Camp Allegheny offers dorm style lodging. Rooms are not air conditioned. We would suggest bringing a small fan and a surge protector.

Students will be roomed according to gender and grade (as much as possible) with trained and cleared adult leaders. Each dorm has multiple showers available. Students are required to bring their own bedding (college mattress size) or sleeping bag, as those items will not be provided for the week.

### **ONSITE AMENITIES:**

- Sports fields
- Outdoor Worship Areas
- Indoor Climbing Wall
- Indoor Gymnasium
- Hiking Trails
- Sand Volleyball

- Game Room (Ping Pong, Pool, Foosball, Air Hockey & More)
- Group Challenge Course
- Nine Square
- GaGa Ball
- Miniature Golf

- Hayrides
- Campfire Sites
- Playground
- Ladder Golf
- Trail Riding
- River Float

### FOOD:

All food is provided by the camping facility. Each student is welcome to bring snacks to camp (no nuts please). They are served 3 meals a day by the camp staff. Camp is able to accommodate a variety of special dietary needs. Camp has vegetarian options, options for the lactose intolerant and a limited number of gluten free meals. If your child has dietary needs such as gluten intolerance, allergies to dyes, or is vegan, we ask that you name those during registration or e-mail us at studentinfo@cornerstonelive.net.

### THE DETAILS

### Sunday, August 2 - Friday, August 7

# THE SCHEDULE:

**SUNDAY (AUG 2)** 

2:30-3:00 - Check-in @ Cornerstone

**Main Lobby** 

3:30 – Buses Depart for Camp Allegheny

5:00 - Arrive @ Camp Allegheny

6:00 - Dinner

**6:45** – Camp Photo (Wearing Camp Shirt)

7:15 - Opening Rally

8:00 - Small Group Time

8:45 - Evening Session ("God's Not Dead"

Movie under the stars)

**11:00** – In Cabins

**11:30** – Lights out

MONDAY – WEDNESDAY

8:00 - Wake Up Call

8:45 – Breakfast

9:30 - Morning Session

10:30 - Personal Devos

11:00 - Free Time

12:30 - Lunch

1:30 - SIESTA

2:00 - MEGA Rec Events

3:30 - Free Time

**5:30** – Dinner

**7:00** – Session

9:00 - Small Group Time

10:00 - Late Night Snack-tivities

**11:00** – In Cabins

11:30 - Lights Out

**THURSDAY** 

8:00 - Wake Up Call

8:45 - Breakfast

9:30 - Morning Session

10:30 - Personal Devos

11:00 - Free Time

12:30 - Lunch

1:30 - SIESTA

2:00 - MEGA Rec Events

**3:30** – Free Time

5:30 - Dinner

7:00 - Baptism Service

9:00 - Late Night Snack-tivities

**10:30** – In Cabins

11:00 - Lights Out

FRIDAY (AUG 7TH)

**7:15** – Wake Up Call

7:45 - Clean & Pack

8:30 - Breakfast

9:15 - The Talentless Show

10:15 - Load Buses

10:15 - Leave Camp Allegheny

12:15 - Arrive @ Cornerstone



## PACKING LIST

#### **Medications:**

- All medications needed for the week
  - Meds should be dropped off by a parent/guardian at the medication station in the Cornerstone church lobby at check-in.

#### Pants/shorts:

- Long pants
- Sleeping pants
- Athletic shorts (all shorts must be fingertip length)
- Jeans (required for horseback riding)
- Black shorts (if planning to get baptized)

#### Shirts:

- Tee shirts
- Hooddie or fleece (evenings can get chilly)
- Sleeping shirt
- Plain black shirt (if planning to get baptized)
  - \* Tank tops of any kind are not permitted for guys or girls

#### Jacket:

Waterproof jacket and/or poncho

#### Shoes:

- Athletic shoes (you don't mind getting dirty)
- Shower shoes
- Hard soled/close toes shoes (required for horseback riding)

### **Undergarments:**

- Underwear
- Socks

#### **Swim Wear:**

- Bathing suit (1-piece suit for girls)
- Beach towel

## **PACKING LIST**

#### **Shower stuff:**

- Shower towel
- Washcloth
- Soap
- Shampoo
- Deodorant
- Contact solution
- Other necessary toiletries

### **Bedding:**

- Sleeping bag or bedding (college mattress size)
- Pillow

#### Other:

- Bible (physical copy)
- Pen
- Cell Phone
- Dirty mesh laundry bag
- Small fan & extension cord
- Insect repellent
- Water bottle
- Lip balm
- Sunglasses
- Sunscreen
- Headlamp or flash light w/ fresh batteries
- Snacks (please don't bring anything with nuts)
- Parent signed "Horseback Riding Waiver" and \$25 cash (if horseback riding)
- \$10 cash (if participating in the river float)
- Spending money (See FAQ "Will the students need extra spending money?")

### Please don't bring:

- Electronics
- Other valuables
- Too much cash. (Cornerstone cannot be responsible for lost or stolen items.)

#### Note:

- Due to limited space, please ensure all belongings fit into one duffel bag or suitcase (excluding sleeping bag, pillow, and fan).
- Please ID all loose belongings with your first/last name on a piece of duct tape



# **DROP OFF & PICK UP**

### WHEN: August 2nd - 7th (sunday-friday)

Student drop-off is on Sunday, August 2nd between 2:30-3:00pm at the main church parking lot. Buses depart for Camp Allegheny at 3:30pm. Student pick-up is on Friday, August 7th at about 12:15 pm at the main church parking lot. Parents with students who have medications should drop-off and pick-up those medications at the medication station with our on-call nurse.

### **BAPTISM CELEBRATION:**

This year we will be holding our 4th annual baptism service at Camp Allegheny on Thursday, August 6th at 7 PM.

We are inviting any student in 6–12 grade who has (1) accepted Jesus as their personal savior, (2) participates in the baptism class prior to camp, (3) has their parents' permission/signature in the registration form... to be baptized at camp, and

(4) has not been baptized since entering the 6th grade.

If your child is getting baptized at camp, we would love for your family and friends to join us, and make this wonderful event a huge celebration. We will be holding a baptism service, Thursday Night, August 6th, from 7:00-9:00pm.



### FREQUENTLY ASKED QUESTIONS:

### **FAQ's About Camp:**

### When will middle and high school students be together & separated during camp?

Our large group programs will be combined with small group breakout times separated by grade and gender. Depending on the number of students, multiple grades may be in the same cabin, but will always be separated by gender.

### Is transportation to/from Camp Allegheny included in the price of camp?

Yes! Parents should drop students off on Sunday, August 2nd between 2:30 - 3:00pm at the Cornerstone Ministries main church lobby. The school buses will depart Cornerstone at 3:30pm and transport students and leaders to Camp Allegheny. Students and leaders will return to the main church parking lot on Friday, August 7th at approximately 12:15pm for pick up. If your child(ren) has any medications, those medicines should be dropped off and picked up at the medication station with our camp nurse.

#### Where do the students sleep?

Students will be housed by gender in dormitory style cabins with at least two adult leaders of the same gender in the cabin. Students will be assigned a room with other students in their same grade (or grades that are close to theirs). Each student will be given a comfortable bed, but please note that bedding is not provided. Therefore, students should bring their own sleeping bag (or bedding that fits a college mattress size bed). Please see the "packing list" section for more details.

#### What is the student to leader ratio?

We anticipate the ratio will be approximately 6:1.

#### How will the students be supervised?

Students are supervised in their cabins by adults who serve as cabin leaders. All leaders have been trained by our Student Ministry Staff, and have been through background screening.

Overall, students will have plenty of watchful eyes all over the camp areas throughout the week!

### **FAQ's Continued on the Next Page**

### More FAQ's About Camp

### Will there be a nurse, and will the nurse handle medicine that my child needs?

Yes, there will be a nurse on call with us at Camp Allegheny who will be available 24/7 to any student that has a need. Also, the nurse will hold and distribute all medication that students need throughout the week. At student check-in on Sunday, parents/guardians should deliver medicine to the medication station with the nurse. Parents/guardians should also claim medications at the medication station when picking up their student(s). Please list all medicines, dosage, and frequencies as prompted during the online registration process.

### **FAQ's About Belongings:**

### Will the students need extra spending money?

There are a few instances where students should bring additional money to Camp Allegheny. All instances are "add-ons" to the Vertical Camp experience and are not required for your student to gain the full camp experience. (1) Camp Allegheny will have camp merchandise and snacks available for sale at certain times. (2) If students pre-register for horseback riding, they will need to bring an extra \$25 for the cost of the activity. (3) A river float during free-time will also be offered by Camp Allegheny for \$10 during an afternoon free-time with river conditions permitting.

### What if my student has food allergies or dietary restrictions?

If your child has dietary needs such as gluten intolerance, allergies to dyes, or is vegan, we ask that you immediately complete the "Allergy/Special Dietary Needs" form for each student under your care. The information you submit will be sent directly to the Camp Allegheny Food Service who will note your child's dietary needs/restrictions. If you do not complete the form for your child(ren), it will be presumed they do not have any allergy related to food, or special dietary needs.

### Is my student allowed to bring food/snacks?

Yes! Students are welcome to bring snacks, but please remember no snacks with nuts because of potential food allergies of other campers. However, please know students will be well fed with breakfast, lunch, dinner, and a late-night snack. Please make sure they eat lunch before they come Sunday afternoon.

### **FAQ's About Camp Baptisms:**

### Will there be a baptism service at camp?

Yes! We will hold our 4th annual baptism service at Camp Allegheny on Thursday, August 6th at 7 PM.

### Who can get baptized at camp?

We are inviting any student in 6–12 grade who has (1) accepted Jesus as their personal savior, (2) participates in the baptism class prior to camp, (3) has their parents' permission/signature in the registration form... to be baptized at camp on Thursday, and (4) has not been baptized since entering 6th grade.

### **FAQ's Continued on the Next Page**

### More FAQ's About

### Are parents and other family members invited to the baptism service at camp?

Absolutely! We would love for any family and friends who would like to support the students being baptized at summer camp to join us at Camp Allegheny on Thursday, August 6th from 7-9 pm.

### What steps should I take if my son/daughter would like to be baptized at camp?

First, have a conversation with your son/daughter to find out if getting baptized is something they are ready to do as a profession of faith in Jesus. Second, during the registration process, click "yes" under the baptism section and provide a parent's signature giving your permission. Last, students must participate in the baptism class at The Warehouse on a Sunday morning prior to the week of camp.

### What if my son/daughter decides at camp they would like to be baptized?

If a student decides they would like to be baptized at camp we will ask them a few questions to ensure they understand the purpose/meaning of baptism. Then, we will call home to receive permission from parents. If we receive permission, students will then go through a baptism class at camp. Then, they can also be baptized on Thursday night.

### **FAQ's About Financial Assistance:**

### Is there financial aid available for Vertical Camp?

Yes. We never want finances to be the barrier for a student to go to one of our events, camps, or retreats. If financial aid is needed, simply call us at 724.733.0070 Ext. 223 and together we will figure out a way to get the student on the trip. We generally do not offer any full scholarships. Remember, the best way to bring the price down is for a Cornerstone student to bring a friend in 6-12th grade who has not checked in at The Warehouse since May 2019, both can come for half- price -\$165 a piece!

### Is there a discount if more than 1 sibling is attending Vertical Camp?

Yes! If your family has more than 1 sibling attending Vertical Camp (or if you have one child attending Vertical Camp and another attending our Children's Ministry Kidz Camp), your family is eligible for our "Sibling Discount". The child(ren) attending Vertical Camp will each receive a \$50 discount! During the registration, you can identify you have multiple siblings attending camp, and will receive the discount.

#### Is it true that there is a discount if a Cornerstone student brings a non-Cornerstone friend?

Yes, completely true! If the Cornerstone student invites a friend who has not checked-in at The Warehouse since May 2019, both students can register for half-price of \$165. Please note that only one Cornerstone student can claim a non-Cornerstone invitee.

### What if a non-Cornerstone student signs-up for Vertical Camp without an invite?

Any student in 6-12th grade who has not checked-in at The Warehouse since May 2019 and signs-up for the Vertical Camp will receive the discounted price of \$165.

#### Can a student apply for more than one discount?

Unfortunately, no. Each student is only eligible to apply for one discount.

However, if you are using the sibling discount, but one of the siblings brings a non-Cornerstone friend, then one of your students may use the sibling discount, while the student bringing a friend can use the bring a friend discount.

### **Additional questions:**

Contact Pastor JD Lowry, Cornerstone Student Ministries | Vertical Camp Director

- Call: 724.733.0070 Ext. 223
- Email: studentinfo@cornerstonelive.net