

VERTICAL CAMP 2021

WHO: ALL 6TH - 12TH GRADE STUDENTS

WHEN: AUGUST 1ST - 6TH (SUNDAY- FRIDAY)

Student drop-off will be on Sunday, August 1ST between 4:30-5:30pm at Camp Allegheny, which is located at 100 Camp Allegheny Drive, Stoystown, PA 15563. Student pick-up will be on Friday, August 6TH at 11:00am at Camp Allegheny. Parents with students who have medications should drop-off and pick-up those medications with our on-call nurse.

WHERE: CAMP ALLEGHENY, 100 Camp Allegheny Drive, Stoystown, PA

See the page titled, "The Camp Allegheny Experience" for more information about Camp Allegheny.

HOW MUCH:

\$329/ Cornerstone Student

\$279/ Multi-Sibling Discount (See FAQ's For Details)

\$165/ Cornerstone Student Bringing a

Student Who's Never Been to a Warehouse Event

\$165/ Student Who's Never Been to a Warehouse Event

As a special incentive, we have a huge "bring a friend" discount! Any Cornerstone student who brings a friend who hasn't checked-in at any Warehouse event since July 2020 will cut the price of camp in half for both themselves and their friend! So, both students get to go to Vertical Camp for just \$165.

HOW TO REGISTER FOR VERTICAL CAMP: Registration & Camp Details Are Available Online @ www.cornerstonelive.net/happeningnow

OUR COVID 19 PLAN

At this time, we are fully preparing to have an incredible year of camp as usual. In the event that a student registers for Vertical Camp, but it winds up being forced to be canceled due to Covid-19, then students will receive a full refund, minus the cost of their Warehouse t-shirt, which will still be printed for them and available for pick-up. Please note that we are unable to provide a refund for any other reason.

Please See the Next Page for our Important Vertical Camp Covid-19 Safety Updates

Vertical Camp Covid-19 Safety Updates

The health and safety of our students is a high priority, and so is helping your son/daughter grow in their faith in Jesus. Vertical Camp is the ideal environment to help students grow spiritually. Because of the Covid-19 pandemic, we will be making a few additional safety adaptations to Vertical Camp.

<u>Temperature check:</u> Upon arriving at Camp Allegheny, all students and leaders will have their temperature checked. Anyone with a fever over 100.4 or symptoms will not be permitted to stay at camp. If anyone develops a fever or symptoms during camp, they will be isolated and a parent will need to pick them up to go home.

<u>Covid-19 Release Form:</u> We will be emailing a Covid-19 parent release form recognizing that there are additional risks associated with coming to camp due to the pandemic. Please bring a signed form to camp check-in or hard copies will be available to sign upon arriving at Camp Allegheny.

<u>Cleaning and Sanitation:</u> Camp Allegheny will be doing extra cleaning in all of the cabins and common areas.

<u>Dining Hall:</u> Tables in the dining hall will be spread apart as much as possible. Camp Allegheny will have servers for all of the food.

<u>Face Masks:</u> We are encouraging all participants to wear face masks during indoor activities, other than when they are sleeping, showering, or eating. Face masks will be required when students are walking around in the cafeteria during meal times.

Spiritual Development:

TEACHING FOCUS:

Our theme for Vertical Camp 2021 is "The Battle Within". Throughout this week, we'll be talking about how the difficult circumstances you are dealing with today are likely being fed by one of four emotional forces that compels you to act in undesirable ways, sometimes even against your will.

As our focus at Vertical Camp, we will embark on a recon mission to discover each of these destructive forces—guilt, jealousy, greed, and anger—and how they infiltrate your heart and damage your relationships. Why? Because these emotions, if left unchallenged, have the power to destroy everything you really want in life. Throughout our week at camp, students will receive practical, biblical ammunition to help you fight back, and take charge of those feelings that can mysteriously control you.

CAMP BAPTISMS:

<u>Parents:</u> If your son/daughter is planning on getting Baptized at camp this year, please plan on joining us for the Baptism Service, Thursday, August 5TH at 7:00pm.

VERTICAL CAMP SHIRT

This year, we will be making two shirts available to our students.

All Students attending Vertical Camp will automatically receive our Camo Camp T-Shirt, with the price already included in the cost of Vertical Camp.

If students would like, they can also pre-order an **Additional Camo Hoodie**, during registration, for the cost of \$25.





WHAT TO EXPECT

ABOUT CAMP ALLEGHENY – Camp Allegheny is 300 acres of forested woodlands atop the Allegheny Mountain on Route 30 in Somerset County, Pennsylvania. Camp Allegheny offers dorm style lodging. Rooms are not air conditioned. We would suggest bringing a small fan and a surge protector.

Students will be roomed according to gender and grade (as much as possible) with trained and cleared adult leaders. Each dorm has multiple showers available. Students are required to bring their own bedding (college mattress size) or sleeping bag, as those items will not be provided for the week.

ONSITE AMENITIES:

- Sports fields
- Outdoor Worship Areas
- Indoor Climbing Wall
- Indoor Gymnasium
- Hiking Trails
- Sand Volleyball

- Game Room (Ping Pong, Pool, Foosball, Air Hockey & More)
- Nine Square
- GaGa Ball
- Miniature Golf

- Havrides
- Campfire Sites
- Playground
- Ladder Golf
- Trail Riding

FOOD:

All food is provided by the camping facility. Each student is welcome to bring snacks to camp (no nuts please). They are served 3 meals a day by the camp staff. Camp Allegheny is able to accommodate a variety of special dietary needs. Camp Allegheny has vegetarian options, options for the lactose intolerant and a limited number of gluten free meals. If your child has dietary needs such as gluten intolerance, allergies to dyes, or is vegan, we ask that you name those during registration or e-mail us at studentinfo@cornerstonelive.net by June 30, 2021.

INCLUDED IN THE PRICE:

Everything the student needs including: camp programming and activities, all meals (breakfast, lunch, dinner, and late-night snacks), housing, and a camp shirt.

NOT INCLUDED IN THE PRICE:

There are a few instances where students should bring additional money to Camp Allegheny. All instances are "add-ons" to the Vertical Camp experience and are not required for your student to gain the full camp experience. The add-on experiences are the (1) Camp Allegheny store with merchandise and snacks available for sale at designated times, (2) Horseback riding (\$25 and completed a "Horse Rental Agreement and Liability Release Form" by a parent).

THE DETAILS

Sunday, August 1 - Friday, August 6

THE SCHEDULE:

SUNDAY (AUG 1)

4:30-5:30pm - Student Drop-Off

@ Camp Allegheny

6:15 - Dinner

7:00 - Opening Rally

8:00 - Opening Session & Small Groups

10:30 - Late Night Snack-tivities

11:15 – In Cabins

11:30 - Cabin Reflection Time

11:45 – Lights Out

MONDAY - WEDNESDAY

7:45 – Wake Up Call

8:30 - Breakfast

9:30 - Morning Session

10:30 - Personal Reflection Time

11:00 - Free Time

12:10 - Lunch

12:55 – SIESTA

2:00 - MEGA Rec Events

3:30 - Free Time

5:30 - Dinner

7:00 - Session & Small Groups

9:45 - Late Night Snack-tivities

10:45 - In Lodges

11:00 - Cabin Reflection Time

11:30 - Lights Out & Screens Off

THURSDAY

7:45 - Wake Up Call

8:30 - Breakfast

9:30 – Morning Session

10:30 - Personal Reflection Time

11:00 - Free Time

12:10 - Lunch

12:55 – SIESTA

2:00 - MEGA Rec Events

3:30 - Free Time

5:30 - Dinner

7:00 – Baptism Service (Family & Friends Invited)

9:45 – Late Night Snack-tivities

10:45 - In Lodges

11:00 - Cabin Reflection Time

11:30 – Lights Out & Screens Off

FRIDAY (AUG 6TH)

7:15 – Wake Up Call

7:45 - Clean & Pack

8:30 - Breakfast

9:15 – The Talent-less Show (Family & Friends Invited)

11:00 – Student Pick-Up

@ Camp Allegheny



Packing List

Medications:

- All medications needed for the week
 - Meds should be dropped off/picked-up by a parent/guardian at the medication station at Camp Allegheny.

Pants/shorts:

- Long pants
- Sleeping pants
- Athletic shorts
 - Note: All shorts must not be too short or tight
- _ Jeans (required for horseback riding)
- _ Black shorts (if planning to get baptized)

Shirts/Jacket:

- Tee shirts
 - Note: No crop-tops/stomach showing, and Tank tops of any kind are not permitted for guys or girls
- _ Hoodie or fleece (evenings can get chilly)
- Sleeping shirt
- Plain black shirt (if planning to get baptized)

Shirts/Jacket:

Waterproof jacket and/or poncho

Shoes:

- Athletic shoes (you don't mind getting dirty)
- Shower shoes
- Hard soled/close toes shoes (required for horseback riding)

Undergarments:

- Underwear
- Socks

	Swimwear: Bathing suit
_	Note: 1-piece for girls – no stomach showing
_	Beach towel
_	Shower stuff: Shower towel /wash cloth
_	Soap, shampoo, deodorant, contact solution, other necessary toiletries
_	Bedding: Sleeping bag or bedding <i>(college mattress size)</i> Pillow
	Other:
_	Bible (physical copy)
	Pen
_	2 Cans of Shaving Cream (Middle School Only)
	1 White T-shirt that can be ruined (High School Only)
	Face mask (2)
	Cell Phone & Charger
	Mesh laundry bag (for dirty clothes)
	Small fan & extension cord
	Insect repellent
	Water bottle
	Lip balm
	Sunglasses
_	Sunscreen
	Plastic hanger (to hang wet towel)
_	Headlamp or flash light with fresh batteries
_	Snacks (please don't bring anything with nuts)
_	Parent signed "Horseback Riding Waiver" and \$25 cash (if horseback riding)
_	Spending money (See FAQ "Will the students need extra spending money?)
	Please don't bring:
_	Electronics
_	Other valuables
_	Too much cash. (Cornerstone cannot be responsible for lost or stolen items.)
	Note:
	Due to limited space, please ensure all belongings fit into <u>1 duffel bag or suitcase</u> – excluding sleeping bag and pillow.
_	Please ID all loose belongings with your first/last name on a piece of duct tape, placed on each item.

Please let us know if you have any questions.

Studentinfo@cornerstonelive.net or call us at (724) 733-0070 ext. 223.



DROP OFF & PICK UP

WHEN: August 1st - 6TH (SUNDAY-FRIDAY)

Student drop-off is on Sunday, August 1ST between 4:30-5:30pm at Camp Allegheny (100 Camp Allegheny Drive, Stoystown, PA 15563.) Student pick-up is on Friday, August 6TH at about 11:00am at Camp Allegheny. Parents with students who have medications should drop-off and pick-up those medications at the medication station with our on-call nurse.

BAPTISM CELEBRATION:

This year we will be holding our 4th annual baptism service at Camp Allegheny on Thursday, August 5^{TH} at 7pm.

We are inviting any student in 6–12 grade who has (1) accepted Jesus as their personal savior, (2) participates in the baptism class, which is scheduled for Sunday, July 11TH at The Warehouse, prior to camp, (3) has their parents' permission/signature in the registration form... to be baptized at camp, and (4) has not been baptized since entering the 6th grade.

If your child is getting baptized at camp, we would love for your family and friends to join us, and make this wonderful event a huge celebration. We will be holding a baptism service, Thursday Night, August 5TH, at 7:00pm.



FREQUENTLY ASKED QUESTIONS:

Transportation:

How will my student get to camp?

Parents/Guardians should drop students off on Sunday, August 1ST between 4:30 - 5:30pm at Camp Allegheny, which is located at 100 Camp Allegheny Drive, Stoystown, PA 15563. Students will also need to be picked up from Camp Allegheny on Friday, August 6th at 11:00am. If your child(ren) has any medications, those medicines should be dropped off and picked up at the medication station with our camp nurse.

Can my student drive themselves to/from camp?

Students will not be permitted to drive themselves to/from camp.

Can my student carpool with another family?

Yes. Families are encouraged to carpool if needed. If transportation is an issue, please reach out to us.

FAQ's About Camp:

When will middle and high school students be together & separated during camp?

Our large group sessions will be combined with small group breakout times separated by grade and gender. Depending on the number of students, multiple grades may be in the same cabin, but will always be separated by gender.

Where do the students sleep?

Students will be housed by gender in dormitory style cabins with at least two adult leaders of the same gender in the cabin. Students will be assigned a room with other students in their same grade (or grades that are close to theirs). Each student will be given a comfortable bed, but please note that bedding is <u>not</u> provided. Therefore, students should bring their own sleeping bag (or bedding that fits a college mattress size bed). Please see the "packing list" section for more details.

What is the student to leader ratio?

We anticipate the ratio will be approximately 6:1.

How will the students be supervised?

Students are supervised in their cabins by adults who serve as cabin leaders. All leaders have been trained by our Student Ministry Staff, and have been through background screening.

Overall, students will have plenty of watchful eyes all over the camp areas throughout the week!

More FAQ's About Camp

Will there be a nurse, and will the nurse handle medicine that my child needs?

Yes, there will be a nurse on call with us at Camp Allegheny who will be available 24/7 to any student that has a need. Also, the nurse will hold and distribute all medication that students need throughout the week. At student check-in on Sunday, parents/guardians should deliver medicine to the medication station with the nurse. Parents/guardians should also claim medications at the medication station when picking up their student(s). Please list all medicines, dosage, and frequencies as prompted during the online registration process.

FAQ's About Belongings:

Will the students need extra spending money?

There are a few instances where students should bring additional money to Camp Allegheny. All instances are "add-ons" to the Vertical Camp experience and are not required for your student to gain the full camp experience. (1) Camp Allegheny will have camp merchandise and snacks available for sale at certain times. (2) If students pre-register for horseback riding, they will need to bring an extra \$25 for the cost of the activity.

What if my student has food allergies or dietary restrictions?

If your child has dietary needs such as gluten intolerance, allergies to dyes, or is vegan, we ask that you name those during registration or e-mail us at studentinfo@cornerstonelive.net by June 30, 2021. The information you submit will be sent directly to the Camp Allegheny Food Service who will note your child's dietary needs/restrictions. If you do not complete the form for your child(ren), it will be presumed they do not have any allergy related to food, or special dietary needs.

Is my student allowed to bring food/snacks?

Yes! Students are welcome to bring snacks, but please remember no snacks with nuts because of potential food allergies of other campers. However, please know students will be well fed with breakfast, lunch, dinner, and a late-night snack. Please make sure they eat lunch before they come Sunday afternoon.

FAQ's About Camp Baptisms:

Will there be a baptism service at camp?

Yes! We will hold our 4th annual baptism service at Camp Allegheny on Thursday, August 5TH at 7pm.

Who can get baptized at camp?

We are inviting any student in 6–12 grade who has (1) accepted Jesus as their personal savior, (2) participates in the baptism class prior to camp, (3) has their parents' permission/signature in the registration form to be baptized at camp on Thursday, and (4) has not been baptized since entering 6th grade.

Are parents and other family members invited to the baptism service at camp?

Absolutely! We would love for any family and friends who would like to support the students being baptized at summer camp to join us at Camp Allegheny on Thursday, August 5TH at 7:00pm.

FAQ's Continued on the Next Page

More FAQ's About Camp Baptism

What steps should I take if my son/daughter would like to be baptized at camp?

First, have a conversation with your son/daughter to find out if getting baptized is something they are ready to do as a profession of faith in Jesus. Second, during the registration process, click "yes" under the baptism section and provide a parent's signature giving your permission. Last, students must participate in the baptism class at The Warehouse on Sunday, July 11TH, during either the 9 or 11am service.

What if my son/daughter decides at camp they would like to be baptized?

If a student decides they would like to be baptized at camp we will ask them a few questions to ensure they understand the purpose/meaning of baptism. Then, we will call home to receive permission from parents. If we receive permission, students will then go through a baptism class at camp. Then, they can also be baptized on Thursday night.

FAQ's About Financial Assistance:

Is there financial aid available for Vertical Camp?

Yes. We never want finances to be the barrier for a student to go to one of our events, camps, or retreats. If financial aid is needed, simply call us at 724.733.0070 Ext. 223 and together we will figure out a way to get the student on the trip. We generally do not offer any full scholarships. Remember, the best way to bring the price down is for a Cornerstone student to bring a friend in 6- 12th grade who has not checked in at any Warehouse event since July 2020, both can come for half-price - \$165 a piece!

Is there a discount if more than 1 sibling is attending Vertical Camp?

Yes! If your family has more than 1 sibling attending Vertical Camp (or if you have one child attending Vertical Camp and another attending our Children's Ministry Kidz Camp), your family is eligible for our "Sibling Discount". The child(ren) attending Vertical Camp will each receive a \$50 discount! During the registration, you can identify you have multiple siblings attending camp, and will receive the discount.

Is it true that there is a discount if a Cornerstone student brings a non-Cornerstone friend?

Yes, completely true! If the Cornerstone student invites a friend who has not checked-in at The Warehouse since July 2020, both students can register for half-price of \$165. Please note that only one Cornerstone student can claim a non-Cornerstone invitee.

What if a non-Cornerstone student signs-up for Vertical Camp without an invite?

Any student in 6-12th grade who has not checked-in at any Warehouse event since July 2020 and signs-up for the Vertical Camp will receive the discounted price of \$165.

Can a student apply for more than one discount?

Unfortunately, no. Each student is only eligible to apply for one discount.

However, if you are using the sibling discount, but one of the siblings brings a non-Cornerstone friend, then one of your students may use the sibling discount, while the student bringing a friend can use the bring a friend discount.

Pastor JD, Pastor Joel, & The Warehouse Leadership Team

Additional Questions:

Contact Pastor JD Lowry, Cornerstone Student Ministries | Vertical Camp Director

- Call: 724.733.0070 Ext. 223

– Email: <u>studentinfo@cornerstonelive.net</u>